













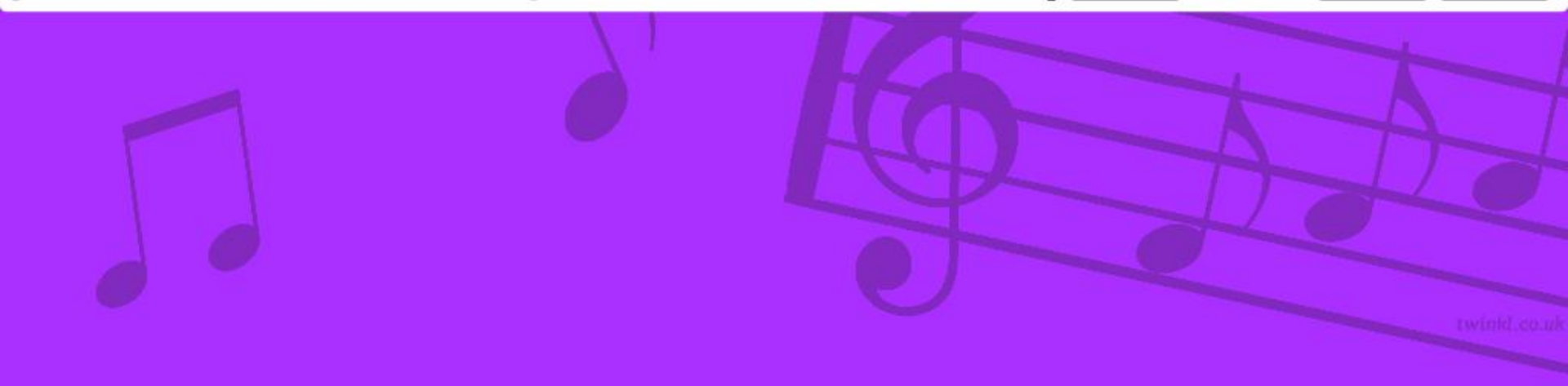
Exploring Rhythm and Pulse


















Can you keep a steady beat?



1	2	3	4	1	2	3	4	1	2	3	4
											



Can you add a stamp to beat 1?

1	2	3	4	1	2	3	4	1	2	3	4
											
											

Speech Patterns

Everything we say is rhythmical.

"How are you?"

Can you say this along with the steady beat?

1

2

3

4



1

2

3

4



How

are

you?

How

are


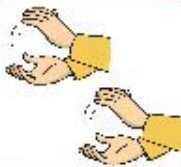



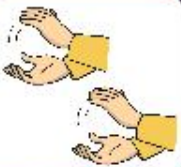




you?

Do You Have Something To Say?

Keep the pulse going.

One person chants a phrase, everyone echos.






This is called a 'call' and 'response'.






1	2	3	4	1	2	3	4
							
							
Cats	like to	sleep.		Cats	like to	sleep.	



Try these examples.






The first one has been done for you.

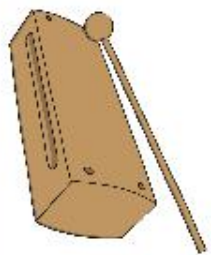
1	2	3	4
			
			
I	love	chick-en	pie.
Have you	seen my	croc-o	dile?
Dogs	like to	run.	

1	2	3	4
			
			
I	love	chick-en	pie.
Have you	seen my	croc-o	dile?
Dogs	like to	run.	



Choose 4 phrases of your own that have different rhythm patterns. They don't have to make sense!
Practise with different people being the caller, and all responding.

1	2	3	4
			
			
Place text here			
Place text here			
Place text here			
Place text here			













Improvising Rhythms



Keep the pulse going.

This time the 'leader' will use an instrument to tap out one of the four phrases from your list, but not say it. Can you work out which phrase it is and say it in response?

1	2	3	4	1	2	3	4
							
							



Call and Response

Task 1:

In groups of 6, play for eight repetitions with the following players joining in:

A B (x2)

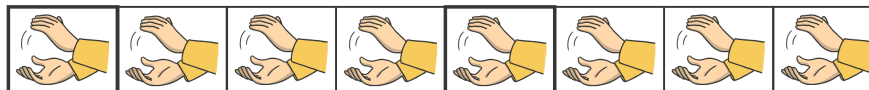
A B C D (x2)

A B E F (x2)

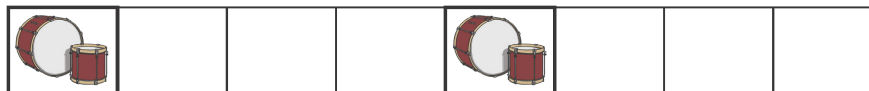
A B (x2)

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

A:



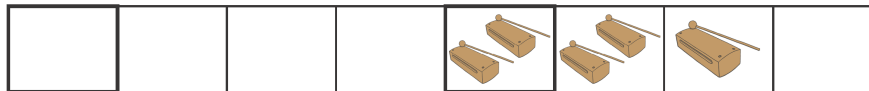
B:



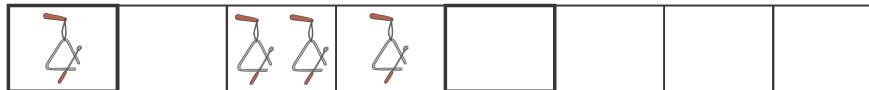
C: Call 'How are you today?'



D: Response 'How are you today?'



E: Call 'Hi, please come in'



F: Response 'Hi, please come in'



Task 2:

Come up with two phrases of your own that have different rhythms.

Experiment with which parts are playing at the same time (C&D and E&F will always play as a pair) and create your own performance.