

Activity Worksheet [Yrs 3-6] How and why does singing make you feel good?

These two activities relate to the song that you have been learning in the activity video 'Learning a Song'.

Activity 1: Creative Writing: O Waly Waly

The singer in the story of O Waly Waly misses someone they love, and is trying to imagine ways to reach them on the other side of the water.

Songs are poems set to music. Write a poem imagining different ways that you might cross an unbridgeable stretch of water, to be with someone you love.



ENO's production of The Pearl Fishers, 2016 Photo Robbie Jack

Activity 2: Exploring Vocal Colour through Song

Singing is all about communication; and an important part of this is conveying emotion. Playing around with emotions that aren't connected to the music we're singing can be a useful tool to explore vocal colour (expression in the voice). Experimenting like this can stop us from getting stuck in a rut and help the brain to trigger physical coordination.

Using O Waly Waly - or another song you know well - how does singing the song change if you imagine:

- You are singing to your favourite person in the world
- You are lost and can't find your way home
- You have been told off for something that was not your fault, and are quietly furious

Does the colour of your voice change? What about the volume? How about the text? When do the words sound clearest?

If it is hard to tell, try recording yourself using the voice memo function on an electronic device and listen back. Were your choices as bold as they felt when you made them? Could you be even braver?!



ENO Baylis Singing Workshop at Lea Manor High School, Luton, 2019 Photo Martin Hartley