## Design a Stone Age **Outfit Joining Fabrics Guide**

These are the stitches you may find the most useful when joining your fabric.

## **Running Stitch**

This is where you push the needle through the fabric and pull until the thread is through. Push the needle back up through the fabric a small space away from where you put it in and pull until all the thread is through. Then push the needle back through, leaving a small space. Continue to the end.

## **Back Stitch**

Like the name suggests, back stitching involves going backwards. Start towards the end of your fabric and do one stitch to the side (as if you are starting a running stitch). At the back of the fabric, bring your needle back up, but one space along from where you put the needle in. Then push your needle back in next to the end of the first stitch. For the rest of the stitches, bring your needle back up two spaces along from where you put the needle in. Repeat this to the end of the fabric.

## Invisible Stitch (also called a Ladder Stitch)

Right on the edge of one side, sew a stitch upwards. Then bring the needle in a straight line across to the other side and sew another stitch upwards. Repeat until the end of the fabric. Every few stitches, pull the thread taut and the stitches will seem to disappear.











