

| Autumn/Winter<br>Menu 2025/26<br>Week 2 | Eco Forest<br>Ranger Monday                                                            | Allergen Friendly<br>Tuesday (FDA)                                   | Allergen Friendly<br>Wednesday<br>(FDA)                              | Tasty<br>Thursday                                                            | Fun Fact<br>Friday                                                                                                  |
|-----------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>CHOICE 1</b>                         | Crispy Nuggets with Spicy<br>Diced Potatoes (ve)                                       | Tangy Tomato & Pepper<br>Pasta (ve)(gf)                              | Power Sausage with<br>Roasted Potatoes and<br>Gravy (ve)             | Roasted Vegetable Biryani<br>(ve) (gf) (df)                                  | Roasted Vegetable and<br>Sweet Potato Burrito<br>(ve)with Oven Chipped<br>Potatoes                                  |
| <b>CHOICE 2</b>                         | Homemade Cheddar<br>Cheese & Sweetcorn<br>Quiche (v) with Spicy Diced<br>Potatoes (ve) | Spicy Meatballs in a Creamy<br>Tomato Sauce with Italian<br>Rice     | Spicy Chicken<br>with Roasted Potatoes                               | Burger (df)(gf)in a Floured<br>Bun (v) with Oven Baked<br>Jacket Wedges (ve) | MSC Golden Crumb Fish<br>Fingers(df) or<br>Bubble Crumb Salmon Fillet<br>(df)(gf)with Oven Chipped<br>Potatoes (ve) |
| <b>CHOICE 3</b>                         | Oven Baked Jacket Potato<br>with Baked Beans (ve) or<br>Cheese (v)                     | Oven Baked Jacket Potato<br>with Baked Beans (ve) or<br>Coleslaw(ve) | Oven Baked Jacket Potato<br>with Baked Beans (ve) or<br>Coleslaw(ve) | Oven Baked Jacket Potato<br>with Baked Beans (ve)<br>Cheese (v) or Tuna      | Oven Baked Jacket Potato<br>with Baked Beans (ve)<br>Cheese (v) or Tuna                                             |
| <b>Vegetables</b>                       | Fresh Seasonal Broccoli(ve)<br>Sweetcorn (ve)                                          | Fresh Seasonal Organic<br>Carrots (ve)<br>Green Beans (ve)           | Rainbow Roasted Veggies<br>(ve)                                      | Fresh Seasonal Broccoli(ve)<br>Mixed Vegetables (ve)                         | Baked Beans (ve)<br>Sweetcorn (ve)                                                                                  |
| <b>Salads</b>                           | Salad Selection (ve)                                                                   | Salad Selection (ve)                                                 | Salad Selection (ve)                                                 | Salad Selection (ve)                                                         | Salad Selection (ve)                                                                                                |
| <b>Desserts</b>                         | Yogurt Bar(v) with Fruit<br>Compote (ve)                                               | Fruit Smoothie (ve)                                                  | Fruit Jelly Pot (ve)                                                 | Yogurt Bar(v) with Fruit<br>Compote (ve)                                     | Chocolate Cracknel (v) &<br>Custard(ve)(v)                                                                          |
| <b>DAILY</b>                            | Cheese and Crackers(v)<br>with Fresh Apple Slice (ve)                                  | Fresh Fruit Salad (ve)                                               | Fresh Fruit Salad (ve)                                               | Cheese and Crackers(v)<br>with Fresh Apple Slice (ve)                        | Organic Fruit Yogurt (v)<br>with Seasonal Fresh Fruit<br>(ve)                                                       |
| <b>DAILY</b>                            | Seasonal Fresh Fruit (ve)                                                              | Seasonal Fresh Fruit (ve)                                            | Seasonal Fresh Fruit (ve)                                            | Seasonal Fresh Fruit(ve)                                                     | Seasonal Fresh Fruit (ve)                                                                                           |
| <b>Bread</b>                            | Homemade Wholemeal<br>Bread (v)                                                        | Homemade Bread (ve)                                                  | Homemade Bread (ve)                                                  | Homemade Bread (v)                                                           | Homemade Garlic and<br>Rosemary Focaccia (v)                                                                        |