

Telephone – 07903261830 – email: steve\_umaks@outlook.com

We run a Karate club at Handsworth Primary School every Wednesday from end of school until 5.00pm.

***WE HAVE A FEW SPACES AVAILABLE STARTING SEPTEMBER***

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COSTS: For the first two taster lessons, the fee is £20, to see if your child likes Karate and wants to join.

If you do want to continue after the two taster lessons, the fee is £80 per half term to be paid at the start of each half term. The fee includes suit, registration, hand pads, insurance and gradings (new belts).

After the first payment has been made, your child will receive their suit & hand pads the following lesson.

IF YOU WISH YOUR CHILD TO START KARATE:

1. Please send a copy of the slip below to steve\_umaks@outlook.com or Whatsapp 07903261830
2. We will then contact you and give further details.
3. Keep this letter for future reference. See below for more information.

4. **Do not make any payments until we contact you.**

 Please call Sensei Steve Edmunds on 07903261830 if you have any queries.

Karate covers the following key areas:

Fitness, Fun, Discipline, Confidence, Respect, Self-Control, Self-defense.

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Please complete CLEARLY IN BLOCK CAPITALS.

I WISH FOR MY CHILD TO START KARATE AT HANDSWORTH.

I UNDERSTAND THAT THE PRACTICE OF MARTIAL ARTS INVOLVES THE RISK OF SERIOUS INJURY.

STUDENT’S NAME.............................................................................................................................................................................

CLASS..........................................GENDER…….male/female DATE OF BIRTH………………….. YEAR GROUP………………

CONTACT NUMBERS. 1………………………………………………………………………………...(MAIN NUMBER)

OTHER CONTACT NUMBERS. 2……………………………………………………………...3………………………………………..…………

E MAIL ADDRESS ……………… ……………………………………………………………………………………………………………....

ANY CONDITIONS OR OTHER RELEVANT FACTORS (ie medical conditions, SEN, previous martial arts experience etc)

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SIGNED.................................................................................(parent/guardian) DATE.....................................................

***PLEASE GIVE DETAILS OF THE PERSON WHO WILL USUALLY COLLECT THE CHILD:***

**NAME………………………………………………………………...RELATIONSHIP TO CHILD……………………………………………………**

**CONTACT NUMBER 1………………………………………………………..…2…………………………………………………………………….**

***ANYONE ELSE WHO HAS PERMISSION TO COLLECT THE CHILD*: (as many as necessary)**

**NAMES / RELATIONSHIP TO CHILD / CONTACT Nos…………………………………………………………………………………………**

**……………………………….………………………………………………………..……………………………………………………………………….**

***………………………………………………………………………………………………………………………………………………………………***

***IMPORTANT: IF SOMEONE ELSE IS COLLECTING THE CHILD, YOU MUST CONTACT 07903261830 A.S.A.P. WITH DETAILS.***

Frequently asked questions. *Q. Do I have to take my child from the classroom to the hall?* A. As long as your child is confident enough, and can dress themselves, they can make their own way to the hall.

*Q. Can I stay to watch my child during karate?* A. No. None of the schools allow parents to stay, and the children behave much better, and perform much better when parents are not there.

*Q. When does my child get their suit?* A. On the third lesson.

*Q. Does my child have to fight?* A. Karate is a Martial Art, which means war. We teach the children how to fight, but in a controlled and safe way, and only after a period of time when we feel the child is responsible enough to use fighting techniques without hurting anyone. Our curriculum is specially designed for children to learn Karate with emphasise on the following: control, respect, discipline, fitness and fun. Anyone using Karate in the wrong way, inside or outside the dojo will be told to leave.

*Q. Has my child got to bow at the start of the lesson?* A. Yes. Our bowing ceremony resembles a religious bow, but in fact is a bow of respect to each other, similar to a handshake in meaning. We do not avert our eyes, keeping our head and eyes up at all times, and show respect to each other by nodding (bowing). This custom is accepted by most faiths, and we still observe it now.

*Q. Do you teach weapons?* A. Yes. Occasionally (about once a term), we teach knife defences, stick work (escrima), and nunchuckas (rubber) in the schools. We loan these weapons to the children for the lesson. We also occasionally teach Jiu-jitsu (a form of judo/wrestling etc). This is not technically karate, but the children have great fun and also build up a more general knowledge of Martial Arts. We also hold regular competitions and seminars including other weapons such as staff and swords etc. (These are held externally and are payable separately).

*Q. Can you help my child get dressed?* A. No. Instructors cannot help children dress. They are told how to put on the suit and tie the belt, but they should be able to dress themselves.

*Q. My child can’t take their earrings out. Can they do it with them in?* A. Earrings (and raised rings and watches) must be removed before the lesson. Instructors are not allowed to take them out. A child cannot train with earrings in.

*Q. If my child misses a lesson, can I have my money back?* A. The termly fee is for your child to maintain their place in the club for the term, not per amount of lessons. There is no refund for your child missing a lesson, even if the school shuts down for that day for any reason.

*Q. Can my child eat before the lesson?* A. We perform physical exercise so a full tummy would result in tummy ache. If your child must eat, make it a light snack or banana as long before the lesson as possible. Bring water or juice, not fizzy.

*Q. My child has needs, (either physical or learning), can they still join the club?*  A. It depends on the needs. We try to be as inclusive as possible. Please call me to discuss the matter further.

\*This is an ongoing club, so once in, you will be offered a place in the club the following term, unless you decide not to carry on, or we decide not to allow your child to return due to continued unruly behaviour or an equally sufficient reason.

Any more queries? Please feel free to call me on 07903261830. Regards Steve Edmunds. Chief Instructor.